

It's Your Choice



What happened?
What's useful here?
What do I want?



Choose

Who's to blame?

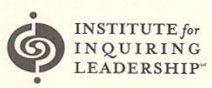


Learner Path

Judger Path

START

React



Choice Map™

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What can I learn?
What is the other person thinking, feeling, needing, and wanting?
What am I responsible for?

What's possible?
What are my choices?
What's best to do now?

LEARNER

- Thoughtful Choices
- Solution Focused
- Win-Win Relating



Switching Lane

SWITCH
Ask Learner Questions to avoid Judger Pit

What's wrong with me?
What's wrong with them?



JUDGER

- Automatic Reactions
- Blame Focused
- Win-Lose Relating

Judger Pit

Why am I such a failure?
Why are they so stupid?

